SOUL CONTROL

by

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INTRO

"This knowledge is the king of education, the most secret of all secrets. It is the purest knowledge, and because it gives direct perception of the self by realization, it is the perfection of religion, spirituality, philosophy, and science.

It is everlasting, and it is joyfully performed."

In prehistoric times, the logic system for survival was **Might over Matter**, which was brute force or physical activity called **KARMA.**

Next came **Mind over Matter** when man discovered how to use his mind for survival.

Today, there has been another paradigm shift for evolving man, and we now have **SPIRIT OVER MIND**, which is superior to the other two methods of survival and is creating and

controlling one's life through one's **ETERNAL SOUL.**

This new method of controlling the mind and creating the world you want to live in is called **SOUL CONTROL.**

This is the book you are reading today.

SOUL CONTROL means that a person recognizes him or herself to BE the happy, loving, rational, believing CAUSE of their life as a SPIRITUAL BEING {SP}.

But FIRST, you must know and understand that you are a SPIRIT-SOUL or SPIRITUAL BEING {SP} Here and Now, and you are NOT your MIND, BODY, or ENVIRONMENT.

Once you know and understand this, you will be able to BE, DO, and HAVE anything you want or desire.

You do not possess a SOUL; you ARE A SOUL, and ETERNAL SOUL, with an INFINITE MIND and FINITE BODY/ENVIRONMENT.

Knowing this, you never will have to be the victim of REBIRTH, DISEASE, OLD AGE, and DEATH ever again!

MY MISSION

"My mission is to bring these rascals to their senses."

To help you live the Ultimate Life you were meant to live.

Now one must ascertain the meaning to do this.

The rascals are suffering, but because they are sons of God, they should not suffer.

They do not know that there is God or that there is happiness.

They know nothing of bliss or of eternal life.

It is NOT something you get after you die; it is the ever present LIFE you are living Here and Now in the Presence.

You are already living your Eternal Life Here and Now.

You are the Eternal Free Living Soul Here and

Now or unconditioned souls.

The rascals are conditioned souls.

The rascals carrying on so much research and living for fifty, sixty, or 70 years.

Perhaps a 100, if they are lucky!

After that, they do not know what is going to happen.

They have no knowledge that life is eternal.

Actually, their position is like that of an animal.

An animal does not know what is after death, nor does it actually contemplate death.

He does not know why he is here, nor does he know the value of life.

Under the influence of maya {illusion}, the animal simply goes on eating, sleeping, defending, mating, and dying. That's all.

People are endeavoring so hard, but for what purpose? They say that they are struggling so hard to make provisions for the next generation, but what are the provisions for? They cannot reply to that.

This Krishna consciousness movement is meant to give real purpose to life by establishing Krishna, God, as the center of everything and nothing.

It is therefore to the scientist's and religious person's benefit to understand this important spiritual process.

You Have A Choice

"You do not have Free Will; All that you will, I Will. You have Free Choice. That is what Intelligence is, the power to choose. And to choose without penalty of selection."

"I am sitting in everyone's heart."

"From Me come remembrance, knowledge, and forgetfulness."

In this way, God gives us all a chance.

If you want Krishna {God}, then He will give

you a chance to have Him, and if you do not want Krishna, then He will give you a chance to forget Him.

If you want to enjoy life forgetting Krishna, forgetting God, then Krishna will give you all the facilities so that you can forget, and if you want to enjoy life with Krishna consciousness, then Krishna will give you the chance to make progress in Krishna consciousness.

That is up to you.

If you think that you can be happy without Krishna consciousness, Krishna does not object to that.

He simply said,

"Now I have explained everything to you. Whatever you desire, you can do."

The surrendered SOUL says:

"Now I shall execute Your order."

That is Krishna consciousness.

God does not interfere with your little independence. If you want to act according to the order of God, then God will help you.

Even if you fall down sometimes, if you become sincere-

"From this time on I shall remain Krishna conscious and execute His orders"-then Krishna will help you.

In all respects, even if you fall down, He will excuse you and give you more intelligence.

This intelligence will say,

"Do not do this. Or, this is a better way. Now go on with your duty."

But if you want to forget Krishna, if you want to become happy without Krishna, He will give you so many chances that you will forget

Krishna life after life.

The Supreme Source

You are the supreme source from which everything emanates, the reservoir of all pleasures.

Therefore, persons who are endowed with knowledge desire only to achieve You, and nothing else. To achieve Your favor, they give up everything-even the transcendental realization of Brahman.

You are the supreme ultimate goal of life. You are the reservoir of all interests of the living entities.

Those who are actually well-motivated desire only You, and for this reason, they give up everything to attain success. They therefore deserve to be associated with You.

In the society of the servitors and served in Krishna consciousness, one is not subjected to the pains and pleasures of material society, which functions according to sex attraction.

Therefore, everyone, man or woman, should

seek to be an associate in Your society of servants and served.

You are the Supreme Personality of Godhead; no one can excel You, nor can anyone come up to an equal level with You.

The perfect social system is that in which You remain in the center, being served as the Supreme, and all others engage as Your servitors.

In such a perfectly constructed society, everyone can remain eternally happy and blissful.

When you serve Krishna, you are serving yourself as God, the Supreme Being, and Krishna is serving you.

When you serve Krishna as a servant, you become a Master of Krishna's Energies.

WHO YOU ARE

YOU ARE SPIRIT-SOUL.

"Yet there is another nature, which is eternal and is transcendental to this manifested and unmanifested matter. It is supreme and is never annihilated. When all in this world is annihilated, that part remains as it is."

The Universe is one big SOUL or SPIRIT, and you are a smaller, minute part of that one

SPIRIT called a SOUL or SPIRIT-SOUL.

The SPIRIT of the UNIVERSE and you are ETERNAL and TRANSCENDENTAL. This is why so few people have really found the LIVING GOD SPIRIT or THE DIVINE PRINCIPLE which is in all of us as the PARAMATMA or SUPERSOUL.

Your SUPERSOUL creates your SUPER MIND.

Every SOUL has a SUPERSOUL known as the SUPERMIND in contrast to your ordinary MIND, and SLAVE-mind which is the cause of all your troubles, problems, and misery.

You are a living SOUL of the SUPERSOUL which is the LIFEFORCE of the SOURCE OF SPIRIT known as GOD.

This makes you an ETERNAL BEING with an INFINITE MIND and FINITE BODY/ENVIRONMENT.

As the SOUL of the MIND and BODY/ENVIRONMENT, you are the CONSCIOUS part of it all!

Without you, the BODY would be dead, and the MIND would be inert.

Rather you are male or female, Christian, Muslim, Jewish, Buddhic, Hindu, Satanist, New Age Being, agnostic, or even atheist, you are STILL a SPIRITUAL BEING {SP} regardless of your faith, beliefs, or designation in life.

This is true of everybody and every life.

WHAT YOU ARE

You are an ETERNAL BEING WITH AN INFINITE MIND AND A FINITE BODY/ENVIRONMENT.

This would be the definition of a SPIRITUAL BEING {SP} who is a person who knows he is not his mind, body, or environment.

Therefore, the SPIRITUAL BEING {SP} is not made of MATTER but ENERGY!

The SPIRITUAL BEING {SP} is an ENERGY BEING and therefore cannot be seen like the PHYSICAL BODY.

The SPIRITUAL BEING {SP} is CONSCIOUS ETERNAL ENERGY called a SOUL.

You are the SOUL or CONSCIOUSNESS of the BODY, MIND, and IMMEDIATE ENVIRONMENT.

WHERE YOU ARE

You are in God, and God is in you.

This means you are 'part and parcel' of God.

Actually, the SPACE/TIME continuum you are in is the FORM and FORCE of God the ETERNAL SOURCE.

Nothing is outside of God or equal to God, or higher or lower than God.

God is SPACE and TIME and YOU are MATTER and ENERGY {me} in it!

However, as a SPIRITUAL BEING {SP} you are the ENERGY BEING in MATTER or the CONSCIOUS SOUL.

Knowing that you are in God puts you in the most superior position to create, control, and

compose your life.

NOTHING is outside of God. Even 'nothing(ness)' is within God.

GOD IS EVERYTHING AND NOTHING.

Of this you can be certain.

WHAT YOU CAN DO

As a SPIRITUAL BEING {SP} you can BE, DO, and HAVE anything.

You can CREATE, RE-CREATE, and UN-CREATE anything.

and you can EXPAND YOUR CONSCIOUSNESS or CONTRACT your CONSCIOUSNESS.

You can expand and become very large, or contract and become very small.

You can go to hell or heaven and leave hell or

heaven.

You can travel the universes to any planet, adjust your Energy field to the atmosphere of the planet and live there.

You can create Space, Time, Energy, and Mass/Matter.

You can die when you want too.

THE COSMOLOGY OF THE UNIVERSE

{The E > F > I Formula}

The UNIVERSE comprises ETERNAL ENERGY that manifests as all FORCE and FORMS.

It is not necessary to know the SOURCE of

ENERGY to utilize the FORCES and FORMS of the UNIVERSE.

Yet, we impose the word God as the ETERNAL SOURCE, LIFEFORCE, FORCE and FORM of EVERYTHING and NOTHING, making everything in essence of God's ETERNAL NATURE rather it be in the UNIVERSE, EARTH, MOTHER NATURE, or MAN.

God is The FATHER.

MOTHER NATURE is our MOTHER.

and we are her CHILDREN,

The SONS OF GOD in the UNIVERSE.

This is a POSITION, PERSONALITY, PERSON, and a POWER.

You are not BEING a BODY, but you are the BEING of the BODY as well as the MIND.

In order for you to operate you need SPACE to operate in and that SPACE consist of ETERNITY, the INFINITE and FINITE CONSCIOUSNESS and STATES OF

BEING(ness).

In order to understand the COSMOLOGY of the UNIVERSE you must know and understand what the ETERNAL, INFINITE, and FINTE is.

This is an important part of the puzzle, for if it is missing, all nonsense and mishap can occur from confusion of context.

Since mathematics is an exact science, we can put the definition of the UNIVERSE in a mathematical equation:

E > I > F

or

The ETERNAL is greater than the INFINITE as the INFINITE is greater than the FINITE.

Now, we must have the precise and clear definition of these words to know, understand, and use our minds with

the greatest efficiency.

You should know and understand that

ETERNITY means it has no beginning and no end.

INFINITE means it has a beginning and no end.

FINITE means it has a beginning and an end.

Ponder this carefully, for the reality of the universe and mind is created on this Perfect Paradigm.

Everything in the UNIVERSE appears in either a Eternal, Infinite, or Finite FORM.

There is only one FORCE in the UNIVERSE, and it is known as GOD or the ETERNAL ENERGY and the SUPERIOR ENERGY.

"The Lord is the supreme eternal amongst all eternals and the supreme living entity amongst all living entities. He is maintaining all others."

Only God is ETERNAL, all else is INFINTE and FINITE.

"You are a SPIRIT-SOUL now. You are your own SOUL. You are not mortal. You can be and are FREE!"

THE PSYCHIC {MIND}

Your MIND is the connection between you as a SPIRITUAL BEING {SP} and God and you as a SOUL to your lower MIND and BODY/ENVIRONMENT.

Your MIND or PSYCHIC is the PLAYING FIELD of your SOUL.

The MIND is always DUAL. For this reason, we say it is CAUSE and EFFECT with the SOUL taking the position of FIRST CAUSE or PRIMAL THOUGHT.

"There are two classes of beings, the fallible and the infallible. In the material world, every entity is fallible, and in the spiritual world, every entity is called infallible."

When you imagine yourself as a MIND or BODY, you become fallible.

When you act as out your SPIRITUALSELF, you are infallible.

CONSCIOUSNESS is not good or evil, right or wrong, hating or loving, joyful or sad.

"Furthermore of these two, there is the greatest living personality, the Lord Himself, who has entered into these worlds and is maintaining them."

God plays all the parts, all the roles. He is the star of the show as YOU are.

Yet, God is also TRANSCENDENTAL, which means He is still in His heaven controlling and ruling over all as the LAWS of the UNIVERSE and NATURE and MAN.

THE THREE UNIVERSES

{Man's Three Worlds}
There are three universes that man has to deal with. They are:
The PHYSICAL UNIVERSE we all perceive and 'agree' or 'disagree' with. This is the EXTERNAL WORLD.

The OTHER PERSON'S UNIVERSE of his own thoughts, ideas, ego, and feelings. The EXTERNAL and INTERNAL WORLD of the other person which is normally UNKNOWN, disclosed or discovered.

Your own personal/private UNIVERSE of your own creations, thoughts, emotions, and ego. This is the INTERNAL WORLD.

The Physical World

The first World that man lives in is the PHYSICAL WORLD OF SOLIDS. The Physical World is a World of FORM. We see the FORMS in stars, moons, planets, minerals, fields, plants, animals, human bodies created things like computers, houses, hair pins, and it does not stop there.

You also have the 'invisible' FORMS such as electricity, gravity, infra-red, and x-rays. Photons, Neutrons, and Electrons.

You have chemical elements and ideas, mental images, and thought.

So we have seen and unseen FORM. The seen and unseen FORMS make up the PHYSICAL WORLD of {STEM}: Space, Time, Energy, and Matter.

Though it is a World of Form, it is run and ruled by Force. THE PHYSICAL WORLD IS FINITE.

The Psychic World

The Next world that man encounters is in his own world or mind called THE PSYCHIC WORLD.

This is the finite and infinite field of MIND.

The Psychic World is a World of Form and Force. But the Forms here are 'created' or 'duplicated'

FORMS.
Since these Forms cannot be seen by the physical eye until manifested in the Physical World,
we call these Forms MENTAL MASS.

They are the mental images you make of the Physical World either created by you such as a unicorn mental image or duplicated by you such as a horse mental image.

We also say this world is made up of SUBTLE MATTER
which is a finer grade of gross matter as seen with
the physical eye in the physical world.
Therefore, these are 'unseen' FORMS in the Physical World.
That it why they are called imaginary FORMS are
mental images.

The fact you can 'see' these pictures
in your Mind's Eye tells us that man has vision other than just his physical eyes but more on

that later.

The PSYCHIC WORLD is creative and it is here that
man can create ideas, dreams and postulates he can
turn into REALITY in the Physical World.
We refer to the Psychic World as {STEMm}.
Space, Time, Energy, Matter, and your own mind.
and there is {STEMM} which is the four elements of the Universe and the OTHER person's mind.
{STEMM} sometimes is referred to the HERD MIND.
THE PSYCHIC WORLD IS INFINITE.

THE PSI World

**But there is also another World available to man called
the Spiritual World of old and THE PSI WORLD today.
It is only recently that Science has come to recognize
the Spiritual world though they do not call it that.
It was through Quantum Physics
and the discovery of anti-mater in the 1950's Scientists
got a glimpse of what existed BEFORE The Big Bang.**

FORCE PROCEEDS FORM.

The Psi World is a World of FORCE only and is the ONLY
FORCE in all the other two worlds.
SPIRIT is a finer, finer, finer grade of SUBTLE MASS in two states: a STATIC AND KINETIC.
IT IS THE UNMOVEABLE ENERGY THAT MOVES AND MOVES ALL THINGS.
The FORCE most of all is the LIFEFORCE of everything and therefore
THE SOURCE OF YOUR LIFE as it is
THE SOURCE OF ALL LIFE.

The PSI WORLD is senior to the Psychic and Physical Worlds
but also, simultaneous is a part of each world and everything in it, as well as
TRANSCENDENTAL to each world.

The PSI WORLD in its TRANSCENDENTAL STATE can only be called AN UNKNOWN FORCE OR UNKNOWN CAUSE.
Of course, it is known through the ages as The

Gods or God.
THE PSI WORLD IS THE ETERNAL.

This is where you came from, and
this is where you are going.

Right now, it is good enough to know all three of these worlds exist, and to the best of my knowledge in the PSYCHE and PSI UNIVERSE, you have an infinite number of worlds.

To recap is simple.
You have
THE PHYSICAL WORLD {Gross} FORM.
{Solid} Finite. {STEM}.
The UNIVERSE we all PRECEIVE and AGREE or DISAGREE with.

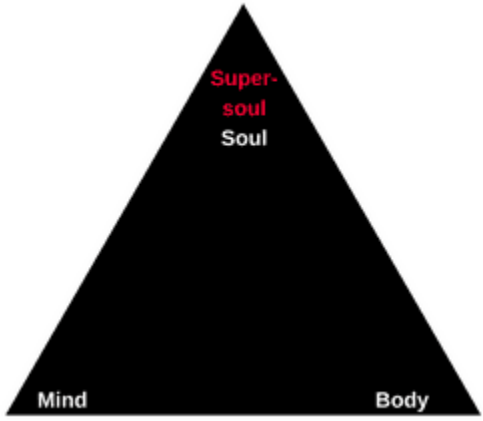
THE PSYCHIC WORLD {Relative} FORM and FORCE {Imaginary}. Infinite. {STEMM}. {STEMm}. The UNIVERSE of the OTHER PERSON and The UNIVERSE of the Self.

THE PSI WORLD {Absolute} FORCE {REAL} {Known as Spirit, Life, Energy, Chi, Electricity, Mother Nature, etc}. Eternal. The Transcendental World that is developed by the PSI BEING.

Of these three, THE PSI WORLD is senior. The Eternal Universe.

Just knowing these three worlds exist around and within you and everyone else will expand your consciousness and put you more at Cause over yourself and the world.

MAN IN THREE PARTS



Man In Three Parts

Man is a triune being. {Three in One.}

Actually, man is more than that, he can BE anything he pleases.

But to say man has three parts in one means he can be divided up into three major parts of

existence that have one SOURCE but three different manifestations.

Sort of the way, WATER in one element but it can be seen as solid ice, liquid water, or steamy gas or vapors.

Though one thing, given the right conditions, it can be in three different states of existence. The same is true of man and mankind.

Man has a PHYSICAL BODY.
He has a PSYCHE or MIND.
And He is a SOUL or SPIRITUAL BEING {SP}.

Man does not *HAVE a SOUL,* as so many spiritual books erroneously print today,

HE IS A SOUL.

And what is the SOUL?

SOUL is the CONSCIOUSNESS OF THE

MIND AND BODY, ENVIRONMENT, WORLD, EARTH, AND UNIVERSE.

When the SOUL thinks of Itself as only a PHYSICAL BODY we say in the Psychology of PARAPSYCHICS that man is IGNORANT or UNENLIGHTENED.
I 'feel' so I AM."
He is a slave to his SLAVE-MIND, which rules the PHYSICAL BODY.

When a man thinks of himself as only a MIND, he is in the mode of PASSION.
This man may be too EMPATHIC and care for others more than he cares for himself to the point that the SELF suffers or is neglected or ignored.
"I think so, I AM!"
He controls himself by others' positive or negative mental commands or detrimental self-sabotage mental commands of his own. He has some control of his mind, but without knowing he is a SPIRITUAL BEING {SP} he is subject

to the chaos of the mind as well as the temporary peace. This can cause a roller coaster of emotions without reason.

Now, many people confess to knowing they are a SOUL today. You hear this all the time: "I am Spiritual, not religious." Which is a good thing, but I seriously doubt if few people really know the meaning of what they are saying, and they have no idea WHAT A SOUL IS and even less knowledge about WHAT THE SOUL CAN DO.

Without this information, man is nothing more than an animal or clog in the machine: {Eat, Work, Raise the kids, Watch TV, and Die} drifting through life aimlessly.

MAN IS HIS IS OWN SOUL.

SOUL is not a tangible form you can throw around or toss into hell or heaven.
SOUL is the expansion of a greater part of itself we call God.

SOUL is God as you within you.

This is amazing! All you ever needed or wanted is right there sitting in your very body and heart! God is in you as The SUPERSOUL and He duplicates himself as you, the PSI BEING or ETERNAL SOUL OF THE MIND AND BODY, AND IMMEDIATE ENVIRONMENT.

It is all men's journey to realize his SOUL. For in so doing, he will liberate himself and live freer than he ever had before.

God is the FREE AGENT in the world.

Man as a SOUL or SPIRITUAL BEING says: "I AM THAT I AM!"

Through Quantum Physics, a science not known to the ANCIENT WORLD, we KNOW the SOUL exists and is WELL and ALIVE and KICKING, though not seen by modern man.

If all three parts of man are not considered in his mental and physical health, there will be errors, even as there are today.

Religion fails man for denying SCIENCE and the THINKING BRAIN.

Science fails man for denying any SPIRITUAL and FEELING aspect of man for the SOUL cannot be seen or measured, created or destroyed.

Therefore, all your Psychology and Mental Health Programs are useless today. None of them make you better, they put you to sleep with drugs till a better day. And that day never comes.

Only the body and mind can get sick or weak, but you as a soul really have nothing to worry about or be anxious about at all.

METAPSYCHICS will teach you that!

Do you indicate a 'part' of me is already immoral and indestructible?

Yep.

Ponder this for the day! It will yield you amazing results!

That is the GOOD NEWS to Modern Man.
The VERY GOOD NEWS!

Our First Duty {Dharma}

Our first business is to know God and our relationship with Him. Then we can act accordingly to perfect our lives. This is the process of God realization.

As a SPIRITUAL BEING {SP} or Son of God, what is your true relationship to God the Supreme Spirit?

You are 'part and parcel' of God.

You are in God, and God is in you.

This bond cannot be broken or tarnished.

Knowing that you are IN God as yourself puts you in the most superior position to create,

control, and compose your LIFE.

No one is greater than God, and no one is even equal to God, and no one can be God but God.

So any man, even if he claims to be a Guru who claims he is God, is a fool and not to be trusted.

NO MAN OR WOMAN CAN BE GOD FOR GOD IS EVERYTHING AND NOTHING.

We are the extended 'persons' of God's Superior Energy, of which there is only one.

God is a person, and when we know God, talk with Him, see Him, feel His presence, and play with Him, we have attained the highest platform of God realization.

We then come to realize that we are great, but God is greater. Carrying out God's orders is spirituality, and the more we realize this, the more we perfect our spiritual lives.

Knowing that you are 'part and parcel' of God

locates you in Space and Time, and therefore Space and Time has no hold on you.

You are Matter and Energy {me} in Space and Time.

You can expand or contract SPACE.

You can accelerate or slow down TIME.

You can bend or stretch ENERGY FORCES.

and CREATE, reCREATE and unCREATE MASS/ MATTER FORMS.

Working In Heaven or Hell

"Devotees solely engaged in the devotional service of the Supreme Personality of Godhead, Narayava, never fear any condition of life. For them, the heavenly planets, liberation, and the hellish planets are all the

same, because such devotees are interested only in the service of the Lord."

Life is meant for rendering devotional service to the Lord, and as soon as we understand this and commit ourselves to the rendering of such service, we are liberated. That is called mukti.

The existence of many religions in the world is not regrettable because different types of men necessitate different types of religion. "Some may really be the better for a religion of consolation and reassurance," "whilst others are better for one of terror and reproof."

Religion means accepting God as the Supreme Father, material nature as the mother, and all living entities as sons of God.

The same is true of Spirituality.

The father is the maintainer, and all his sons have the right to live at his expense. Every living being should be satisfied with his condition, which is given by God.

No one should encroach upon the rights of others, including the rights of animals to live peacefully.

Serving God Is Serving Everyone

If the Supreme Personality of Godhead is served, all other parts and parcels will be automatically satisfied. Consequently, all welfare activities as well as service to society, family, and nation are realized by serving the Supreme Personality of Godhead.

It is the duty ·of every human being to understand his constitutional position with God and to act accordingly. If this is possible, then our lives will become successful.

Sometimes, however, we feel challenging and say, ""There is no God," or "I am God," or even, "I don't care for God."

But in actuality, this challenging spirit will not save us. God is there, and we can see Him at every moment. If we refuse to see God in our life, then He will be present before us as cruel death.

If we do not choose to see Him in one feature,

we will see Him in another. There are different features of the origin of the Supreme Personality of Godhead because He is the al root of the entire cosmic manifestation.

In one sense, it is not possible for us to escape Him.

This Krishna consciousness movement is not blind religious fanaticism, nor is it a revolt by some recent upstart; rather, it is an authorized, scientific approach to the matter of our eternal necessity in relation with the Absolute Personality of Godhead, the Supreme Enjoyer.

Krishna consciousness simply deals with our eternal relationship with Him and the process of discharging our relative duties to Him.

Thus, Krishna consciousness enables us to achieve the highest perfection of life attainable in the present human form of existence.

Serving God is Serving Self

Spirituality is understanding that God is your Self or your Higher Self.

The ABSOLUTE TRUTH IS:

God without, God within, God individualized.

God without is BRAHAMA the Impersonal, Universal SPIRIT.

The PARAMATMA or Personal SPIRIT within

you.

Also, you as the individualized SOUL or CONSCIOUSNESS of everything.

"To those who are constantly devoted and worship Me with love, I give the understanding by which they can come to Me. "

God talks to His devotee who is fully in love with Him, but He does not talk with ordinary men.

"I worship the primeval Lord, Govinda, who is always seen by the devotee whose eyes are anointed with the pulp of love. He is seen in His eternal form of Syamasundara situated within the heart of the devotee."

Krishna-Syamasundra-IsVar-Yeshua-Jesus Christ- Son of God

"Because a devotee of Lord Krishna is desireless, he is peaceful. Fruitive workers desire material enjoyment, desire liberation, and yogis desire material opulence; therefore they are all lusty and cannot be peaceful."

They want sense enjoyment, they want mukti, liberation, and the yogis want yogasiddhis, the yoga powers.

All these people are demanding various things: sense gratification, liberation, and mystic powers.

Only the Krishna-bhakta {Spiritutal being {SP} and PSI BEING} makes no demands.

He says,

"Dear Lord, I am Your eternal servitor. I surrender unto You. Now do whatever You like with me."

"The sages, knowing Me as the ultimate purpose of all sacrifices and austerities, the Supreme Lord of all planets and demigods, and the benefactor and well-wisher of all living entities, attain peace from the pangs of material miseries."

By understanding that Krishna is the supreme enjoyer, the supreme proprietor, and the supreme friend, we can become **santa,** peaceful.

Sons of God

Although Krishna is the Supreme God and is unborn and unchangeable, He appears in His original transcendental nature.

The word prakrti means "nature.", in the spiritual science of MetaPsychics it is stated that there are many kinds of nature. These have been categorized into three basic .types.

There is **external nature, internal nature and marginal nature.**

The external nature is the manifestation of this material world, and is described as **apara** or material nature.

The internal nature is the inner world of Spirit or **para.**

When Krishna appears, He accepts the higher nature (prakrtirh sviim), not the inferior

material nature {praktri}.

Sometimes, the head of a state may go to the State prison. The King of Knowledge goes to the prison house in order to inspect the prison and see the inmates there, but the prisoners are in error if they think, "The head of the state has come to prison, so he is a prisoner just like us."

As pointed out before, Sri Krishna states that fools deride Him when He descends in human form.

Krishna, as the Supreme Lord, can come here at any time, and we cannot object and say that He cannot come. He is fully independent, and He can come and disappear as He likes. If the head of a state goes to visit a prison, we are not to assume that he is forced to do so.

Krishna comes with a purpose, and that is to reclaim fallen conditioned souls.

We do not love Krishna, but Krisjna loves us.

He claims everyone as His son. man, woman,

and child.

It should be understood that all species of life, 0 son of Kunti, are made possible by birth in this material nature, and that I am the seed-giving Father."

The father is always affectionate to the son. The son may forget the father, but the father can never forget the son.

Krishna comes to the material universe out of His love for us to deliver us from the miseries of birth and death.

He says,

"My dear sons, why are you rotting in this miserable world? Come to Me, and I'll give you all protection."

We are sons of the Supreme, and we can enjoy life very supremely Krishna's Appearances and Activities without any misery and without any doubt. Therefore, we

should not think that Krishna comes here just as we do, being obliged by the laws of nature.

The Sanskrit word **avatar** literally means "he who descends." One who descends from the spiritual universe into the material universe through his own will is called an **avatiira**.

Sometimes Sri Krishna descends Himself, and sometimes He sends· His representative.

The major religions of the world - Christian, Hindu, Buddhist, and Moslem-believe in some supreme authority or personality coming down from the kingdom of God.

In the Christian religion, Jesus Christ claimed to be the son of God and to be coming from the kingdom of God to reclaim conditioned souls.

This was the true MISSION of Yeshua {Jesus Christ}.

In details there may be differences due to differences in culture, climate and people, but the basic principle remains the same-that is,

God or His representatives come to reclaim conditioned souls.

"Whenever and wherever there is a decline in religious practice, 0 descendant of Me, and a predominant rise of irreligion-at that time I descend Myself."

God is very compassionate.

He wishes to see our miseries cease, but we are trying to adjust to these miseries. Because we are part and parcel of the Supreme Lord, we are not meant for these miseries, but somehow or other, we have voluntarily accepted them.

There are miseries arising from the body and mind, from other living entities, and from natural catastrophes. We are either suffering from all three of these miseries, or at least from one. We are always trying to make a solution to these miseries, and this attempt constitutes our struggle for existence.

That solution cannot be made by our tiny

brain. It can be made only when we take to the shelter of the Supreme Lord. We can become happy when we are reinstated in our constitutional position, and the science and spiritual science of MetaPsychics is· meant to reinstate us in that position.

God and His representative also come to help.

As stated previously, they descend upon the material world from the superior nature and are not subject to the law,s of birth, old age, disease and death.

Krishna gives you the following reasons for His descent upon the world:

"In order to deliver the pious and to annihilate the miscreants, as well as to re-establish the principles of Spirituality, I advent Myself millennium after millennium."

Everyone Serves God {Krishna}

Directly or Indirectly.

This is the transcendental world.

On the absolute plane, there is no exploitation.

Everyone wants to serve; no one wants to take service. In the transcendental world, everyone wants to give service. You want to give service to me, and I want to give service to you.

This is such a nice attitude.

This material world means that I want to pickpocket you, and you want to pickpocket

me. That's all. This is the material world. We should try to understand it. In the material world, everyone wants to exploit his friend, his father, his mother, everyone.

But in the transcendental world, everyone wants to serve.

Everyone has Krishna as the central point of serving, and all the devotees, either as friends or servants or parents or lovers of Krishna, all want to serve Him.

And at the same time, Krishna also wants to serve them.

This is a transcendental relationship; the main function is service, although there is no necessity of service, for everyone is full. There is no hunger, there is no necessity of eating, but still everyone offers nice things to eat. This is the transcendental world.

Unless we attain the stage of simply serving Krishna or His devotee, we cannot relish the transcendental pleasure of service. If we have

any motive, then that sense will never be awakened. Without a motive, without desire for personal sense gratification, service should be rendered to the Supreme Lord and His devotees

Your Relationship With God

Krishna does not need any friends to play with Him, nor does He desire a single wife as men

do.

We take on a wife ·because we have some desire to fulfill, but Krishna is complete in Himself (purr-am), He does not need anything.

A poor man may desire to have a thousand dollars in the bank, but a rich man who has millions has no such desire.

If Krishna is the Supreme Personality of Godhead, why should He have desires?

Rather, He fulfills the desires of others.

Man proposes and God disposes.

If Krishna had any desire, He would be imperfect, for He would be lacking something.

Therefore, He says that He has no desire to fulfill.

As Yogesvara, or as master of all yogis, whatever He wills is immediately realized. There is no question of desire. He becomes a husband or lover or friend just to fulfill the

desires of His devotees.

If we accept Krishna as friend, master, son or lover, we will never be frustrated. Every living entity has a specific relationship with Krishna, but at present this relationship is covered.

As we advance in Krishna consciousness, it will be revealed. Although the Supreme Lord is full and has nothing to do, He works in order to set an example.

He is Action in Knowledge of Krishna is not bound to His activities in the material world, and one who knows this also becomes free from reactionary activities.

"All the liberated souls in ancient times acted with this understanding and so attained liberation. Therefore, as the ancients, you should perform your duty in this divine consciousness."

The Energies of God

The energy of the Supreme Absolute is everything, out in that energy Krishna is not to be found.

There are two kinds of energy-material and spiritual. Jivas, or individual souls, belong to the superior energy of Krishna, but because they are prone to be attracted to the material energy, they are called marginal energy.

But actually there are only two energies. All of the planetary systems and universes ure resting on the energies of Krishna. Just as all the 24 Raja-vidya: The King of Knowledge planets in the solar system are resting in the sunshine, everything within the creation is

resting on Krishna shine.

All of these potencies of the Lord give pleasure to a devotee, but one who is envious of Krishna rejects them. When one is a nondevotee, the statements of Krishna seem to be so much bluff, but when one is a devotee, he thinks, "Oh, my Lord is so powerful," and he becomes filled with love and adoration.

Non-devotees think that because Krishna says, "I am God," they and everyone else can say the same. But if asked to show their universal form, they cannot do it. That is the difference between a pseudo god and the real God. Krishna's pastimes cannot be imitated. Krishna married over 16,000 wives and kept them nicely in 16,000 palaces, but an ordinary man cannot even keep one wife nicely.

It is not that Krishna just spoke so many wonderful things; He also acted wonderfully.

We should not believe one thing that Krishna says or does and reject another; if trust is

there, it must be full trust.

Mother Nature Is Controlled By God

PHYSICAL NATURE is controlled by God's SUPERIOR ENERGIES.

You create and control your world by PSI or

PSYCHIC ENERGY when you are a SPIRITUAL BEING {SP}.

"This material nature is working under My direction, 0 son of Kuntf, and is producing all moving and unmoving beings. By its rule this manifestation is being created and annihilated again and again."

Mayiidhyakel}a means "under My supervision."

Material nature cannot act so wonderfully unless the Lord's hand is behind it. We cannot give any example of material things automatically working. Matter is inert, and without the spiritual touch there is no possibility of its acting. Matter cannot act independently.

Knowledge of Krishna's Energies

Machines may be very wonderfully constructed, but unless a man touches that machine, it cannot work. And what is that man? lie is a spiritual spark. Without spiritual

touch, nothing can move; therefore, everything is resting on Krishna's impersonal energy.

Krishna's energy is impersonal, but He is a person.

We often hear of persons performing wonderful actions, yet despite their energetic accomplishments, they still remain persons. If this is possible for human beings, why isn't it possible for the Supreme Lord? We are all persons, but we are all dependent upon Krishna, the Supreme Person.

We have often seen pictures of Atlas, a stout man bearing a large planet on his shoulders and struggling very hard to hold it up. We may think that because Krishna is maintaining the universe, He is struggling under its burden like Atlas.

But this is not the case. "And yet everything that is created does not rest in Me. Behold My mystic opulence. Although I am the maintainer of all living entities and although I am everywhere, still My Self is the very source

of creation."

Although all beings in the universe are resting in Krishna 's energy, still they are not in Him.

Krishna is maintaining all living entities, and His energy is all pervading, yet He is elsewhere.

This is Krishna: The King of Knowledge conceivable mystic power. He is everywhere, yet He is aloof from everything.

We can perceive his energy, but we cannot see Him because He cannot be seen with material eyes. However, when we develop our spiritual qualities, we sanctify our senses so that even within this Energy, we can see Him.

Electricity, for instance, is everywhere, and an electrician is capable of utilizing it.

Similarly, the energy of the Supreme Lord is everywhere, and when we become transcendentally situated, we can see God eye to eye everywhere.

That spiritualization of the senses is possible through devotional service and love of God.

The Lord is all-pervading all over the universe and within the soul, the heart, water, air- everywhere.

Thus, if we make an image of God in anything- clay, stone, wood or whatever-it should not be considered to be just a doll. That also is God. If we have sufficient devotion, the image will also speak to us.

God is everywhere impersonally (maya tatam idarh sarvam), but if we make His personal form from anything, or if we create an image of God within ourselves, He will be present personally and any kind of image can be worshiped because God is everywhere. One may protest and ask,

"Why should God be worshiped in images and not in His original spiritual form?"

The answer is that we cannot see God immediately in His spiritual form.

With our material eyes we can only see stone, earth, wood-something tangible. Therefore, Krishna comes as arca-vigraha, a form conveniently presented by the Supreme Lord in order for us to see Him.

The result is that if we can understand knowledge of Krishna's Energies.

Concentrate upon the image and make offerings with love and devotion, Krishna will respond through that Image.

The Mahatmas or Great Souls

The Mahatmas/ Great Souls The presence of Krishna in all aspects of the creation is perceived by the mahatmas, the great souls, who are always engaged in the worship of .Krishna.

As Krishna Himself states, these great souls are conversant with the confidential knowledge found in the science of MetaPsychics and they know Krishna to be the source of all things.

"0 son of Prtha, those who are not deluded, the great souls, are under the protection of the divine nature. They are fully engaged in devotional service because they know Me as the Supreme Personality of Godhead, original and inexhaustible."

The great soul knows without a doubt that Krishna is the Supreme Personality of Godhead and that He is the origin of all emanations.

Human life is meant for inquiring about Brahman.

At present, we are all engaged in studying temporary, small things. Brahman means the greatest, but instead of concerning ourselves with the greatest, we have become enmeshed in trying to solve the animal problems of eating, sleeping, defending, and mating. Problems are automatically solved. Even the animals are enjoying mating, sleeping, eating, and defending. The arrangements are all provided. These demands of the body are not really problems, but we have made them into problems.

MetaPsychics enjoins us not to concern ourselves with these problems, for they are satisfied in any form of life.

Our problem is to inquire about the source of all these manifestations.

The human form of life is not meant for struggling hard to solve the material problems

which even a hog, a stool-eater, can solve.

The hog is considered to be the lowest among animals, yet he has eating facility, mating facility, sleeping facility, and facilities for defense.

Even if we don't strive for these things, we will have them. Man is meant, rather, to find out the source from which all these things are coming.

The Vediinta-siitra states that Brahman is that from which everything is emanating (janmady asya yata). Philosophers, scientists, yogis, jnanzs and transcendentalists are all trying to find out the ultimate source of everything. This source is given in Brahma-samhita, sarva-kiirarta-kiirartam: Krishna is the cause of all causes. Understanding Krishna to be the primal source of everything, how do the great souls act? Krishna Himself characterizes them in this way:

"Always chanting My glories, endeavoring with great determination, and bowing down before

Me, these great souls perpetually worship Me with devotion."

The glorification is this process of bhakti-yoga, the chanting of Hare Krishna.

The great souls, understanding the nature of God, His descent, and His mission, glorify Him in so many ways, but there are others who do not accept Him.

Krishna also mentions:

"Fools deride Me when I descend in the human form. They do not know My transcendental nature and my supreme dominion over all that be."

The muf)has, or foolish men, who are lower than the animals, deride Him.

Any person who doesn't believe in God must either be a madman or fool number one.

There is no reason not to believe in God, and there is every reason to believe in Him. Man may say that he doesn't believe in God, but

who gives him the power to say this?

When death comes, this speaking power ceases-so who is giving the power of speech? Has the speaking power come automatically from stone? As soon as the speaking power is withdrawn by the Supreme Authority, the body is no better than stone.

Speech is proof that there is a Supreme Power who is giving us everything again, and again) a conscious person knows that whatever he has is not under his control or imagination.

If we do not believe in God, we must believe in some power beyond us which is controlling us at every step, call that power God or Nature, Mind, or whatever.

There is a Creative power in the universe, and no sane man can deny it.

SARVAR KIRTAHAM

Who then can understand?

Those who are mahatmas, whose hearts have become magnified, understand that **"everything belongs to God, and I also belong to God."**

Mahatmas are not under the control of material nature.

We are great, and God is greater, and because of this, the mahatma's heart also becomes greater by serving the Greatest.

Mahatma is not a stamp for a political leader. One cannot be stamped mahatma by votes.

The standard for mahatma is he who has taken shelter of the superior energy of the

Lord.

Of course, all energies are His, and He does not make distinctions between spiritual energy and material energy, but for the conditioned soul who is situated marginally between material energy and spiritual energy, there is a distinction.

The mahatmas see this distinction and so take shelter under the spiritual energy (daivim prakrtim).

By serving the greater Energy, the mahatmas also become greater through identifying with the **Superior Energy:**

"I am Brahman-spirit."

It is not that they become puffed up and think that they are God. Rather, if one becomes Brahman, he must show his activities in Brahman.

Spirit is active, and to become Brahman is not

to become inactive.

Brahman is spirit, and these material bodies are active only because Brahman is within them.

If we are active despite our contact with material nature, do we cease to be active when we purify ourselves of the material contamination and establish ourselves in our proper identity as pure Brahman?

Realizing "I am Brahman" means engagement in spiritual activity because we are spirit, and our activities are exhibited even though we are contaminated by matter.

To become Brahman does not mean to become void but to establish ourselves in the superior nature, which means Knowledge by Way of Krishna's superior energy and superior activities.

To become Brahman means to be completely engaged in rendering devotional service to the Lord.

Thus, the maharishi understands that if service is to be rendered, it is to be to Krishna and no one else.

We have so long served our material senses; now we should serve Krishna {Yourself as God's personality and person.}

There is no question of stopping service, for we are meant for service. Is there anyone who does not serve?

If we ask the President, "Who are you serving?" he will tell us that he is serving the country.

No one is devoid of service.

Service we cannot stop, but we do have to redirect our service from the illusion to the reality.

When this is done, we become mahatmas.

This process of **SARVAR KIRTANAM,** always hearing and chanting the glories of the Lord, is the beginning of being a Mahatmas.

This process is simplified by chanting of Hare Krishna, Hare Krishna, Hare Hare/ Hare Rama, Hare Rama, Rama Rama, Hare Hare.

As a mahatmas, this is all you need to do to bring the Lord to you under any circumstances or conditions.

This is your personal chant.

The UNIVERSAL CHANT FOR THE WORLD is:

AUM. and,

AUM-TAT-SAT.

You also can be given a PRIVATE MANTRA by God {KRISHNA}.

There are nine different processes of devotional service, of which sravar-am kirtanam, hearing and chanting, are the most important.

Sravar means "hearing". {Listening}.

Kirtanam actually means "describing."

{Illustrating}.

We can describe with music, words, pictures, etc. Sravar-am goes hand in hand with kirtanam, for unless we hear, we cannot describe.

We don't need any material qualifications in order to attain the Supreme. All we have to do is hear from authoritative sources and repeat accurately what we hear.

Happiness

All happiness in the material world has a beginning and an end, but happiness in Krishna is unlimited, and there is no end.

In order to get this happiness we simply have to sacrifice a little time and chant Hare Krishna.

In former ages, the great sages and demigods used to sacrifice their whole lives for realizing the Supreme, and still they would not attain success. For this age Caitanya Ma.haprabhu has given an easy process for God realization.

All that is necessary is careful listening. We have to listen to Bhagavad-gita, and we have to chant the names of Krishna and listen to them carefully.

We should not be puffed up, falsely thinking that our knowledge is great or that we are very learned. We need only become a little gentle and submissive to hear the messages from Krishna, mediate, or chant.

The Process of Physical Life

"Might Over Matter."

"Might Over Matter." would be man's first logic system of survival. He knew nothing about his mind and depended on brute force to survive, which developed into the making of tools which was the used of the mind and experiences.

Life begins with **conception and birth**, when a sperm and egg unite to form a new being that grows in the womb until it is ready to enter the world. From there, we move into **growth and development**, starting as infants who learn to walk, talk, and interact, and then becoming children and teenagers discovering our identities and emotions. As we reach **adulthood**, we often seek purpose through work, relationships, and perhaps raising the next generation, contributing to the ongoing cycle of life. Eventually, we enter the stage of **aging and decline**, where our bodies slow down, and we begin to reflect on our past, our accomplishments, and the legacy we will leave behind. Finally, all life concludes in **death**, the moment when our physical body ceases to function—though many believe the spirit continues on in some form. **Throughout life**, we breathe, feel, learn, struggle, grow, love, and experience the fullness of what it means to be alive, shaped by every moment

from beginning to end.

The Process of the Psychic {Mind}

{MIND OVER MATTER}

The MIND is what connects the SOUL to the BODY.

The SOUL becomes the KNOWER and the BODY becomes THE FIELD OF THE KNOWER.

The SOUL is FORCE,

the BODY is FORM.

The MIND IS DUALISTIC.

The BOTTOM PART OF THE MIND IS

EGO {WILL}- THOUGHTS- EMOTIONS.

Ine the TOP PART or UPPER LEVEL of the MIND we have:

CREATE- RECREATE - AND UNCREATE.

This is called the PSYCHIC REALM of the MIND and houses the PSYCHIC ENTITY {PE} which ACTS as the false or true EGO of the

MOND, BODY, and UINVERSE.

The MIND is a COMMUNICATIONS CENTER.

It is that constant conversation you are always having with yourself {God}.

Whereas, God is Creator and Controller of the Universe and Mother Nature, the SPIRITUAL BEING {SP} or SOUL is the creator and controller of the MIND, BODY/ENVIRONMENT.

For you cannot separate the PHYSICAL BODY from the PHYSICAL UNIVERSE no more than you can separate the nucleus from the atom.

Your INFINITE MIND is an extension of God's ETERNAL MIND, and is therefore part of the UNIVERSAL MIND or MASTERMIND of the UNIVERSE.

In a sense, to become SELF-REALIZED is only the expansion of your CONSCIOUSNESS, which is only an expansion of God's CONSCIOUSNESS.

There is your ORDINARY MIND which can choose.

Your SUPERMIND of pure, positive, pristine, primal ENERGY.

and the SLAVE-mind which is the reactions of all the negative experiences, emotions,

and words you had in your life.

Your MIND or PSYCHIC also contains PSYCHIC ENERGY, which can create MENTAL IMAGES.

PSYCHIC ENERGY can also create MEANING, MOTION, and MASS.

MASS is the more subtle ENERGY that MENTAL IMAGES are form from.

MASS is to the PSYCHIC WORLD as

MATTER is to the PHYSICAL WORLD.

The higher form of PSYCHIC ENERGY is PSI

ENERGY or Spiritual Energy.

CAUSE AND EFFCT

The MIND also is CAUSE and EFFECT.

According to Buddha, everything is CAUSE and an EFFECT and therefore, you cannot denote a FIRST CAUSE of anything, for it is a continuous cycle.

However,

since man can create PRIME THOUGHT and POSTULATES, he can ACT AS

FIRST CAUSE or

CAUSE OF cause.

One can ONLY do this when he realizes he is a SPIRITUAL BEING {SP} and NOT his MIND, BODY, or ENVIRONMENT.

This is one of the great benefits of being a SPIRITUAL BEING {SP}.

Acting as FIRST CAUSE, you also still have the

problem of what 'CAUSED' you?

But let's back track:

The MIND is

CAUSE and EFFECT.

You want to be a Good CAUSE to your good EFFECTS.

You can ACT as FIRST CAUSE to all 'causes and effects'.

Now you are CAUSE OF YOUR own mind, space, time, energy, mass, and matter.

Don't become the VICTIM or bad EFFECT of your own CAUSE.

Learn to be a GOOD CAUSE or a GOOD EFFECT.

"I AM THIS!" "I AM THAT!'

The PSI BEING can be anything it wants to be so being ANYTHING is the lowest form of

creation for the PSI BEING.

Next, the PSI BEING can transform his 'false ego' into his TRUE EGO by saying:

"I AM THIS!" "I AM NOT THAT."

"I AM THAT!" "I AM NOT THIS!"

Then, on the Transcendental Level or of old called The Abode of God we have this PRIME POSTULATE:

"I AM NOT THIS!" "I AM NOT THAT!"

"I AM!"

By simply saying the words above as stated, you can place {locate}, your SOUL on any one of those planes to function from.

Of course, functioning from the

Transcendental Plane is the BEST!

The Spiritual Levels are BETTER.

The Psychic Level is GOOD.

The Physical plane is the worse. It is the PASSION or IGNORANCE Levels. {Good and Bad, but mostly bad}.

The Process of the PSI or SUPERMIND

Your SUPERMIND evolved out of the positive actions and positive things that happened to you or that was said to you either by others or by yourself.

You make your SUPERMIND stronger simply by study of positive knowledge or spiritual knowledge.

Your SUPERMIND is par of the UNIVERSAL MASTERMIND and can access all knowledge.

Your SUPERMIND houses your TRUE EGO and makes POSITIVE POSTULATES.

Being connected to THE SOURCE of the UNIVERSE, your SUPERMIND can CREATE, RECREATE, and UNCREATE any FORM.

Whereas, the ORDINARY MIND is half positive and half negative, the SUPERMIND is 3/4 positive and 1/4 negative.

The SLAVE-mind

The SLAVE-mind is your worse enemy.

It is the subconscious hidden, negative, commands that put you down and bring you down.

The SLAVE-mind is the main CAUSE of all the problems in your life.

Get rid of the SLAVE-mind and you have no problems you cannot handle.

It is the SLAVE-mind that gives you double talk and negative talk.

Double Talk is when the opposite happens to your positive efforts, and Negative Talk is the self-destroying words and statements you tell yourself.

The SLAVE-mind is the counter-efforts to all your positive postulates.

If there was a DEVIL, this would be he!

By erasing the SLAVE-mind we call PSYCHIC CLEARING in the science of METAPYSCHICS you are able to act as a 'free agent of God or

the Universe or Self.

Now that you are a 'free BEING' there is nothing else God has to do!

God Is Dead

It is due to a lack of knowledge that people

say that God is dead, that there is no God, and that we have no relationship with God.

These thoughts have been compared to the thoughts of a man haunted by a ghost. Just as a haunted man speaks all nonsense, when we become covered by the illusory energy of God we say that God is dead. But this is not a fact.

Therefore, we need this chanting process to cleanse our heart. Take to this simple process of chanting the Hare Krishna mantra.

In that way, in your family life, in your club, in your home, on the road-everywhere-chant Hare Krishna, and this darkness covering your heart, covering your real position, will be removed. Then you'll understand your real constitutional position.

The heart is a mirror. It is like a camera. Just as a camera takes all kinds of pictures of days and nights, so also our heart takes pictures and keeps them in an unconscious state.

Psychologists know this.

The heart takes so many pictures, and therefore, it becomes covered.

We do not know when it has begun, but it is a fact that because there is material contact, our real identity is covered.

Therefore, one has to cleanse his heart.

There are different processes to cleanse the heart-the jiiiina process, the yoga process, the meditation process, pious activities.

Karma also cleanses the heart. If one acts very piously, his heart will gradually be cleansed.

But although these processes are recommended for cleansing the heart, in this age they are all difficult.

To follow the path of philosophical knowledge, one must become a very learned scholar; one must read so many books, one must go to learned professors and scholars and

speculate.

One must search out a person who has seen the light. So these are all philosophical processes.

Meditation is also a recommended process.

One should question, "What am I?" Just consider: Am I this body? No. Am I this finger? No, this is my finger. If you contemplate your leg, you will see, "Oh, this is my leg."

Similarly, you will find everything to be "mine."

And where is that "I"?

Everything is mine, but where is that "I"?

When one is searching for that "1," that is meditation.

Real meditation means concentrating all the senses in that way. But that meditation process is very difficult.

One must control the senses. The senses are dragging one outward, and one has to bring them inward for introspection.

Therefore, there are nine processes in the yoga system.

The first is controlling the senses by regulative principles.

Then sitting postures-that will help to concentrate the mind.

If one sits leaning over, that will not help; if one sits up straight, that will help.

Then controlling the breathing, then meditation, then **Samadhi.**

But today, these are very, arduous processes.

No one can immediately perform them.

The so-called yoga processes are fragmental-only the sitting postures and a few breathing exercises are practiced.

But that cannot bring one to the perfectional

stage.

The actual yoga process, although a recommended PSI process, is very difficult in this age.

Similarly, one can try to get knowledge by the speculative philosophical process:

"This is Brahman, this is not Brahman, so what is Brahman?"

Such empiric philosophical discussion is also recommended, but it is useless in this age.

Therefore, Caitanya Mahaprabhu-says:

Nasty eva, nasty eva, nasty eva-three times nasty eva.

Eva means "certainly," and nasti means "not."

"Certainly not, certainly not, certainly not." What is that "certainly not"? One cannot realize oneself by karma. That is the first "certainly not."

One cannot realize oneself by jana. That is the second "certainly not."

One cannot realize oneself by yoga. Certainly not. Kalau.

Kalau means "in this age."

Kalau nasty eva nasty eva nasty eva gatir anyatha.

In this age, one certainly cannot achieve success by any of these three methods.

Then what is the recommended process?

Harer nama harer nama harer namaiva kevalam.

Simply chant the Hare Krishna mantra.

Kevalam means "only."

Simply chant Hare Krishna.

It is the easiest and most sublime process.

This is recommended, practical, and authorized.

So take it.

Accept it in any condition of life.

***Chant*.**

There is no expenditure, there is no loss.

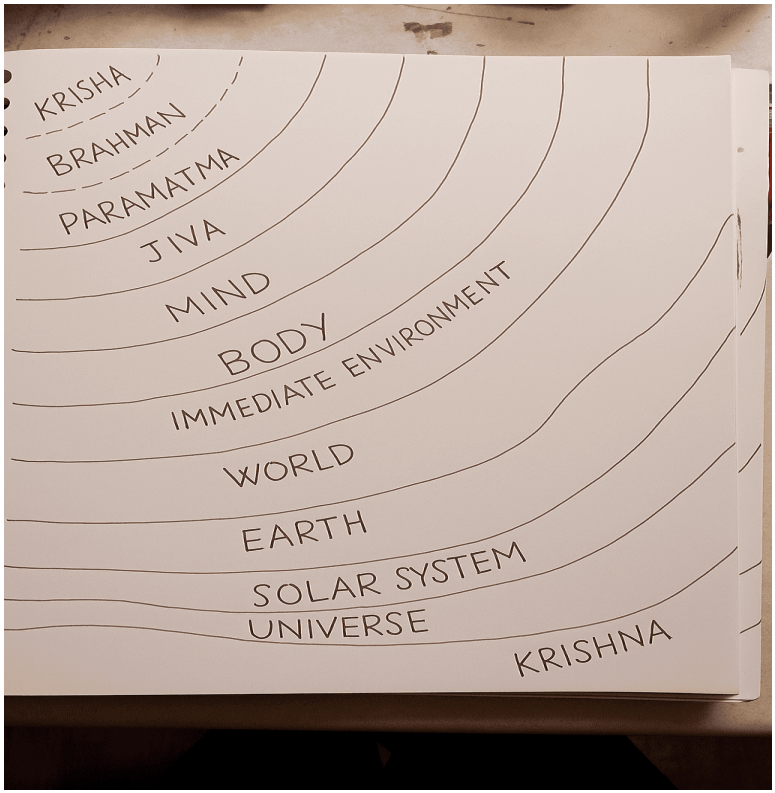
We are not chanting a secret. No. It is open.

And by chanting, you will cleanse your heart.

OUTRO

This is what your SPRITUAL WORLD LOOKS LIKE.

This is one of the few charts that shows you the whole COSMOLOGY of the MIND.



KRISHNA

The SOURCE

The LIFEFORCE

BRAHMA

The FORM(s).

PARAMATMA

God within you.

Spirit is 'locatized'.

JIVA

The individual SOUL that is the real you of you.

MIND

The Communication channel between the SOUL and the BODY/Environment.

BODY

Your field of activities seen and unseen.

IMMEDIATE ENVIRONMENT

The present and forms and forces around you presently.

WORLD

Society. The world of people.

EARTH

The Earth-sphere and enclosed environment that sustains life by light, water, and air.

The SOLAR SYSTEM

Another FIELD that is sustained by the SUN. If the sun went out, all life in that sphere would cease, including planet Earth and all its populace.

The UNIVERSE

The UNIVERSE is part of the COSMOLOGY of SPACE and TIME.

When one is 'spiritualized' {Psychic-cleared} this space becomes known as BRAHMA-

JYOTI the invisible vibrations of God.

The SLAVE-mind always says:

"No!" "I can't!" I won't!" "I must!"

The SUPERMIND is always saying:

"Yes!" "I can!" "I will!" "I have a choice."

LISTEN!

LEARN!

LOVE!

LAUGH!

CHANT!

That is all you need to do.

Appendix

The Spiritual and Transcendental Universe

KRISHNA is NOT GOD but the SOURCE of All

Gods and therefore can be worshiped as God.

KRISHNA is Everything and Nothing, and therefore we can be CERTAIN of KRISHNA.

KRISHNA is GOD as us, but not us as God.

We are all part and parcel of KRISHNA.

In this right and perfection position we are in the most positive and perfect SPACE/PLACE to govern and create our happy and wise lives.

KRISHNA is the LIFEFORCE and FORCE.

BRAHMAN is the FIRST FORM.

The JIVA is the SPIRITUAL BEING {SP} or SOUL.

The MIND is the Playing Field of the PSI BEING.

The BODY is the EARTH-SUIT for the Earth's atmosphere and temperature.

This is monitored by the 5th sense, the SKIN.

The IMMEDIATE ENVIORNMENT is the PRESENT SPACE/PLACE you are HERE and NOW and no other space/place.

The SOCIETY is the people you are or not around. This is normally a couple and friends, family and relatives, workers and social outlets. The Church serves a lot of SPACE/TIME in this area.

Next is the Earth itself and our responsibility and care of the planet and the mineral, plants, and animals of the planet.

A balance must be kept here or certain animal species will go instinct and other valuable resources we will need for SURVIVAL!

After the Earth comes the SOLAR SYSTEM for it is because we are in a closed Sun-centered SPACE/PLACE or dimension that we

have LIFE on Earth.

And then the UNIVERSE physically speaking is INFINITE.

Because the PHYSICAL, PSYCHIC, and SPIRITUAL Universes are within the MIND of KRISHNA, we say they belong to KRISHNA even as we do!

So we are again at KRISHNA and there is no end to the FREEDOM we can have in KRISHNA,

SOUL WITHOUT END!

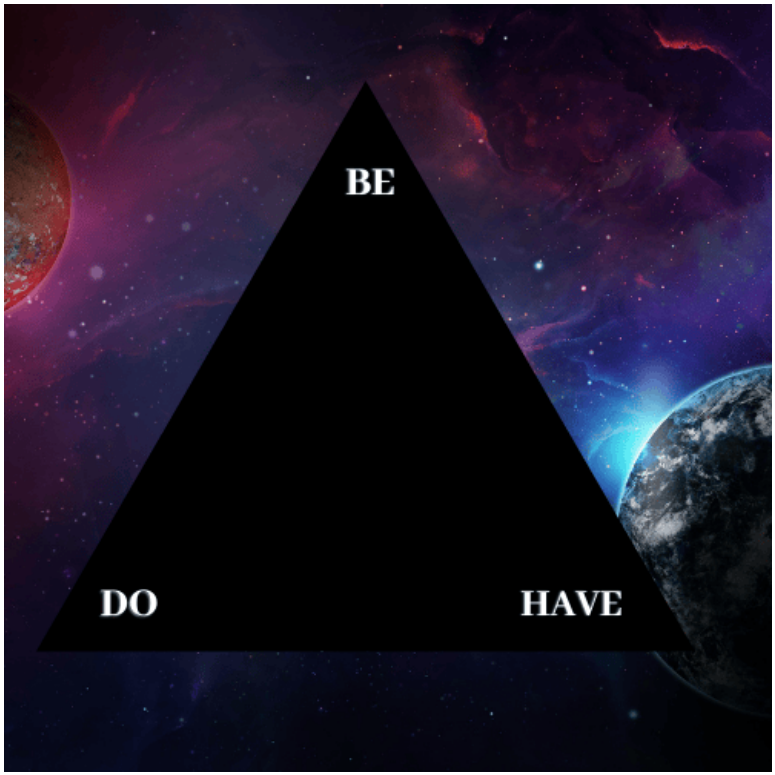
SOUL CONTROL

BE- DO- HAVE

The first thing a PSI BEING has to do is to make the decision or CHOICE to BE!

Then he can DO so he can HAVE things spiritual, mentally, and physical.

There is nothing that a PSI BEING cannot BE, DO, or HAVE in the SPIRITUAL PLANE.

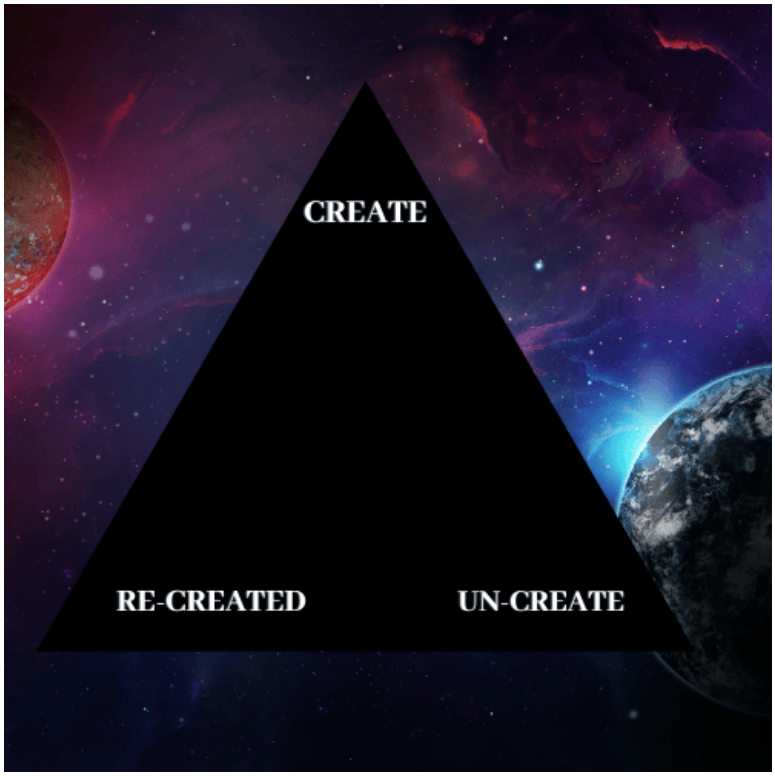


CREATE- RECREATE- UNCREATE

The PSI BEING can CREATE, RECREATE, AND UNCREATE ANYTHING.

It can appear in the SPIRITUAL {PSI}, PSYCHIC {MIND}, and PHYSICAL {MASS/MATERIAL} PLANES.

SOUL CONTROL



FIRST CAUSE- CAUSE- EFFECT

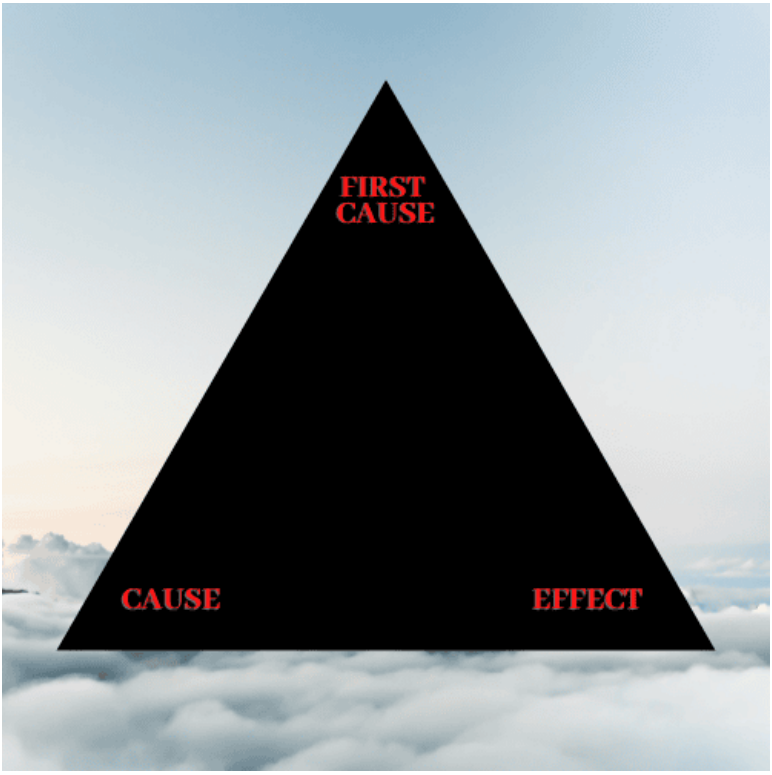
The PSI BEING can operate, act, or function as FIRST CAUSE.

This is only possible because KRISHNA becomes the CAUSE OF CAUSES that need NO CAUSE to exist and be active.

When the PSI BEING acts as FIRST CAUSE, he can make PRIME THOUGHTS and be a GOOD or BAD CAUSE, or a GOOD or BAD EFFECT.

Being a GOOD EFFECT can eliminate a lot of Negative Emotional Charges in the BODY and ENVIRONMENT.

SOUL CONTROL



The PSI BEING- SPIRITUAL BEING {SP} and PSYCHIC ENTITY {PE}

The three main BEINGNESS of the PSI BEING is himself: the PSI BEING, a SPIRITUAL BEING(ness) {SP}, and PSYCHIC ENTITY {PE}.

The PSI BEING is senior to the SPIRITUAL BEING {SP}, and the PSYCHIC ENTITY {PE} which is normally known as the FALSE EGO.

Only the PSI BEING has transcendental knowledge and technology and can transcend the universe as well as the mind.

The SPIRITUAL BEING {SP} is a person who KNOWS he is NOT his mind {thoughts} or BODY {emotions}.

The SPIRITUAL BEING {SP} can go to heaven or hell or any other place in the universe at will and leave at will.

The PSYCHIC ENTITY {PE} is the false ego when identified with the body and mind, and is the TRUE EGO when identified with the

SUPERSOUL or SUPERMIND.

There is also the GENERIC ENTITY {GE} which was with you since you were born and helped you build a BODY to SURVIVE in the Earth-sphere.

The PSI BEING is the most advanced SPIRITUAL BEING {SP} and is senior to the PSYCHIC ENTITY {PE}, and the GENERIC ENTITY {GE} and HUMAN BEING {SPIRIT}.

{SP} = Spiritual Person {Being(ness).

{PE} = Psychic Entity or Mental Mass Concoction.

{GE} is the GENERIC ENTITY or GENETIC ENTITY responsible for you up till here and now.

The PSI BEING has no initials.

The COSMOLOGY of the UNIVERSE

Things that are ETERNAL are greater than things INFNITE and things FINITE.

ETERNITY are things that have no beginning and no end, and like Go, and you, the living SPIRIT or SOUL was not born and cannot die.

This should make you very happy, for it is the good news for modern man.

Everyone is returning or moving forward to and in their ETERNAL SELF: KRISHNA.

Things INFINITE have a beginning and no end like the MIND. At one point, the MIND becomes CONSCIOUS if it's BEING, making it AWARE that it is AWARE or CONSCIOUS.

Things that have a beginning and an end are FINITE like MASS and MATTER.

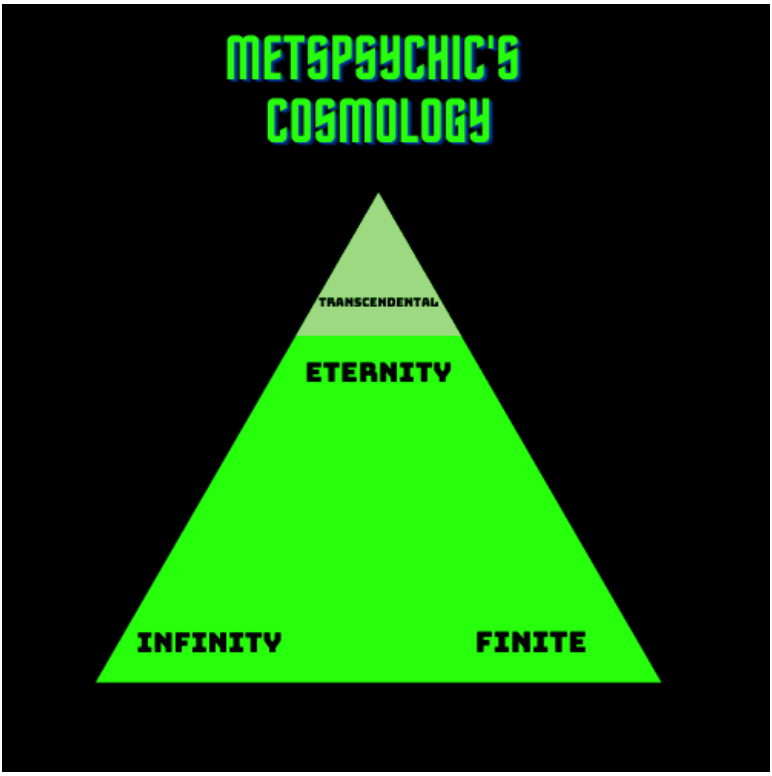
The FIRST and LAST would also be considered FINITE.

"THE ETERNAL IS GREATER THAN THE INFINITE AS THE INFINITE IS GREATER THAN THE FINITE."

E > I > F

This is called:

The Formula of Everything and Nothing and the Theory of Everything and Nothing.



The PSI BEING and SPIRITUAL BEING {SP} are ETERNAL.

The PSYCHIC ENTITY {PE} and GENERIC ENTITY {GE} are INFINITE.

The PHYSICAL {HUMAN} BEING {HS} and the ENVIRONMENT/UNIVERSE are FINITE.

When a person realizes he is a SPIRITUAL BEING {SP} or PSI BEING he has elevated himself to the next step in the evolution of man and mankind and has become an HOMO NOVIS.

Once obtaining this personality and position one is permanently identified as a HOMO NOVIS even if he 'falls down' from his transcendental positioning.

SOUL CONTROL